# On isometric immersions of sub-Riemannian manifolds 

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#### Abstract

We study curvature invariants of a sub-Riemannian manifold (i.e., a manifold with a Riemannian metric on a non-holonomic distribution) related to mutual curvature of several pairwise orthogonal subspaces of the distribution, and prove geometrical inequalities for a sub-Riemannian submanifold. As applications, inequalities are proved for submanifolds with mutually orthogonal distributions that include scalar and mutual curvature. For compact submanifolds, inequalities are obtained that are supported by known integral formulas for almost-product manifolds.


Keywords: Sub-Riemannian manifold, isometric immersion, mutual curvature, mean curvature
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## 1. Introduction

Extrinsic geometry of Riemannian submanifolds deals with properties that can be expressed in terms of the second fundamental form and its invariants (e.g., principal curvatures). The recent development of the geometry of submanifolds was inspired by the embedding theorem of J.F. Nash, [7], and theorems that surfaces with positive curvature are easily embedded in 3D space (A.D. Aleksandrov and A.V. Pogorelov), while surfaces with negative curvature usually do not allow such an embedding (D. Gilbert and N.V. Efimov). This led to the following problem (see [3, Problem 2]): find a simple optimal connection between intrinsic and extrinsic invariants of a Riemannian submanifold. The difficulty was to understand smooth submanifolds (the problem is different for $C^{1}$-immersions, [8]) of large codimension using only a few known relationships (fundamental Gauss-Codazzi-Ricci equations) between intrinsic and extrinsic geometry. In 1968, S.S. Chern posed a question on other obstacles for a Riemannian manifold to admit an isometric minimal immersion in a Euclidean space. To study these questions, it is necessary to introduce new types of Riemannian invariants, and to find optimal relations between them and extrinsic invariants of submanifolds.

In 1990s, B.Y. Chen introduced the concept of $\delta$-curvature invariants for a Riemannian manifold and proved the optimal inequality for a submanifold that involves these invariants and the square of mean curvature, e.g., [4], the equality case led to the notion of "ideal immersions" (isometric immersions of least possible tension). The $\delta$-invariants are obtained from the scalar curvature (which is the "sum" of sectional curvatures) by discarding some of sectional curvatures. Similar scalar invariants are known for Kähler, contact and affine manifolds, warped products and submersions, see [4,5]. For manifolds endowed with nonholonomic distributions or foliations, such curvature invariants have hardly been studied.

[^0]Distributions on a manifold, i.e., sub-bundles of the tangent bundle, arise in differential geometry in terms of line fields, submersions, Lie groups actions, and almost product manifolds. A nonholonomic manifold, i.e., a pair $(M, \mathcal{D})$, where $\mathcal{D}$ is a distribution on a smooth manifold $M$, was introduced for the geometric interpretation of constrained systems in classical mechanics and thermodynamics. A subRiemannian manifold, that is $(M, \mathcal{D})$ equipped with a Riemannian metric $g$ on $\mathcal{D}$, is a certain type of generalization of a Riemannian manifold. There are several lines of research in sub-Riemannian geometry based on optimal control methods, partial differential equations and constrains of other geometries, see [1,2].

In [13], we introduced curvature invariants (different from $\delta$-invariants by Chen) of a Riemannian manifold equipped with complementary orthogonal distributions, and proved the geometric inequality for submanifolds that includes our curvature invariants and the square of mean curvature. These curvature invariants are related with the mixed scalar curvature - a well-known curvature invariant of a Riemannian almost $k$-product manifold, in particular, (multiply) twisted or warped products, e.g., [12]. In [14] we introduced invariants of a Riemannian manifold more general than in [13], related to the mutual curvature of noncomplementary pairwise orthogonal subspaces of the tangent bundle. In the case of one-dimensional subspaces, the mutual curvature is equal to half the scalar curvature of the subspace spanned by them, and in the case of complementary subspaces, this is the mixed scalar curvature. Using these invariants, we proved inequalities for Riemannian submanifolds and gave applications for sub-Riemannian submanifolds.

In this article, we study curvature invariants (defined in $[13,14]$ ) and also introduce Chen-type invariants for a sub-Riemannian manifold. We prove geometrical inequalities for submanifolds with mutually orthogonal distributions that include scalar and mutual curvature. In the case of compact submanifolds, we obtain the inequalities supported by known integral formulas for almost-product manifolds.

The article is organized as follows. In Section 2 (following the introductory Section 1), we recall some integral formulas containing scalar and mutual curvature for a sub-Riemannian manifold. In Section 3, we introduce and study scalar invariants based on this kind of curvature. In Section 4, we prove geometric inequalities for a sub-Riemannian submanifold equipped with distributions.

## 2. The mutual curvature of distributions

Here, we recall definitions of mutual curvature and mixed scalar curvature of distributions on a subRiemannian manifold and briefly discuss equalities with them and divergence of some vector fields, which lead to integral formulas on a compact manifold.

Let an $n$-dimensional Riemannian manifold $(M, g)$ with the Levi-Civita connection $\nabla$ be endowed with a $d$-dimensional distribution $\mathcal{D}$ (subbundle of the tangent bundle $T M$ of rank $d$ ). The Riemannian curvature tensor is given by $R_{X, Y}=\left[\nabla_{X}, \nabla_{Y}\right]-\nabla_{[X, Y]}$, its contraction is the Ricci tensor $\operatorname{Ric}_{X, Y}=\operatorname{trace}\left(Z \mapsto R_{Z, X} Y\right)$, and the trace of Ricci tensor is the scalar curvature $\tau=$ trace $_{g}$ Ric, e.g., [9].

Let $\mathcal{D}^{\perp}$ be the orthogonal complement to $\mathcal{D}$ in $T M$, its rank is $d^{\perp}=n-d$. We call $\left(M, g, \mathcal{D}, \mathcal{D}^{\perp}\right)$ a Riemannian almost product manifold, see [6]. The second fundamental form $h$ and integrability tensor $T$ of $\mathcal{D}$ (and, similarly, tensors $h^{\perp}$ and $T^{\perp}$ of $\mathcal{D}^{\perp}$ ) are defined as follows:

$$
h(X, Y)=\frac{1}{2}\left(\nabla_{X} Y+\nabla_{Y} X\right)^{\perp}, \quad T(X, Y)=\frac{1}{2}\left(\nabla_{X} Y-\nabla_{Y} X\right)^{\perp}
$$

If $\mathcal{D}$ is integrable (i.e., $T=0$ ), then it is tangent to a foliation. Denote by $H=\operatorname{trace}_{g} h$ and $H^{\perp}=\operatorname{trace} h^{\perp}$ the mean curvature vectors of $\mathcal{D}$ and $\mathcal{D}^{\perp}$, respectively. We call $\mathcal{D}$ totally geodesic if $h=0$, harmonic if $H=0$ and totally umbilical if $h=(H / d) g$ (and similarly, for $\mathcal{D}^{\perp}$ ).

Let $\left\{e_{i}\right\}$ be an adapted local orthonormal frame, i.e., $\left\{e_{1}, \ldots, e_{d}\right\} \subset \mathcal{D}$ and $\left\{e_{d+1}, \ldots, e_{n}\right\} \subset \mathcal{D}^{\perp}$. The mixed scalar curvature $S_{\text {mix }}\left(\mathcal{D}, \mathcal{D}^{\perp}\right)$ is a function on $M$ defined by

$$
\mathrm{S}_{\mathrm{mix}}\left(\mathcal{D}, \mathcal{D}^{\perp}\right)=\sum_{1 \leq a \leq d, d<b \leq n} K\left(e_{a} \wedge e_{b}\right)
$$

where $K\left(e_{a} \wedge e_{b}\right)=g\left(R_{e_{a}, e_{b}} e_{b}, e_{a}\right)$ is the sectional curvature of the plane $e_{a} \wedge e_{b}$, and it does not depend on the choice of frames. For example, if $\mathcal{D}$ (or $\mathcal{D}^{\perp}$ ) is one-dimensional and locally spanned by a unit vector field
$N$, then $S_{\text {mix }}\left(\mathcal{D}, \mathcal{D}^{\perp}\right)=\operatorname{Ric}_{N, N}$. The following formula for complementary orthogonal distributions $\mathcal{D}$ and $\mathcal{D}^{\perp}$ on a Riemannian manifold $(M, g)$ was proved in [16]:

$$
\begin{equation*}
\operatorname{div}\left(H+H^{\perp}\right)=S_{\text {mix }}\left(\mathcal{D}, \mathcal{D}^{\perp}\right)+\|h\|^{2}+\left\|h^{\perp}\right\|^{2}-\|H\|^{2}-\left\|H^{\perp}\right\|^{2}-\|T\|^{2}-\left\|T^{\perp}\right\|^{2} \tag{1}
\end{equation*}
$$

Example 2.1. Let $\mathcal{D}$ be tangent to a codimension one foliation $\mathcal{F}$, and $N$ be a unit normal to the leaves of $\mathcal{F}$. The shape operator $A_{N}: T \mathcal{F} \rightarrow T \mathcal{F}$ is given by $A_{N}(X)=-\nabla_{X} N$, where $\nabla$ is the Levi-Civita connection. The generalized mean curvatures $\sigma_{r}=\sigma_{r}\left(A_{N}\right)$ are functions on $M$ defined as coefficients of the $n$-th degree polynomial $\operatorname{det}\left(\mathrm{id}_{\mathcal{D}}+t A_{N}\right)$ in $t$. Thus, $\sigma_{0}=1, \sigma_{1}=\operatorname{trace} A_{N}, \ldots, \sigma_{n}=\operatorname{det} A_{N}$. In this case, (1) reduces to

$$
\begin{equation*}
\operatorname{div}\left(\nabla_{N} N+\sigma_{1} N\right)=\operatorname{Ric}_{N, N}-2 \sigma_{2} \tag{2}
\end{equation*}
$$

Next, let a Riemannian manifold $(M, g)$ be endowed with three pairwise orthogonal $n_{i}$-dimensional distributions $\mathcal{D}_{i}(i=1,2,3)$ such that $T M=\mathcal{D}_{1} \oplus \mathcal{D}_{2} \oplus \mathcal{D}_{3}$. We call $\left(M, g, \mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)$ a Riemannian almost 3-product manifold. Denote by $\mathcal{D}_{i}^{\perp}$ the orthogonal complement to $\mathcal{D}_{i}$ in $T M$, its rank is $n_{i}^{\perp}=n-n_{i}$.
Remark 2.2. A Riemannian almost multi-product manifold is a Riemannian manifold equipped with $k \geq 2$ pairwise orthogonal complementary distributions $\mathcal{D}_{1}, \ldots, \mathcal{D}_{k}$. We meet this structure in such topics of differential geometry as multiply-warped (or twisted) products and the webs of foliations; see e.g., [11]. In particular, almost 3-product manifolds appear naturally among almost para- $f$-manifolds, lightlike manifolds, orientable 3-manifolds (since they admit 3 linearly independent vector fields), webs composed of 3 generic foliations, minimal hypersurfaces in space forms with 3 distinct principal curvatures, tubes over standard embeddings of a projective plane in a sphere, etc.

The second fundamental forms $h_{i}: \mathcal{D}_{i} \times \mathcal{D}_{i} \rightarrow \mathcal{D}_{i}^{\perp}$ and the integrability tensors $T_{i}: \mathcal{D}_{i} \times \mathcal{D}_{i} \rightarrow \mathcal{D}_{i}^{\perp}$ of $\mathcal{D}_{i}$ (and similarly, $h_{i}^{\perp}$ and $T_{i}^{\perp}$ of orthogonal distributions $\mathcal{D}_{i}^{\perp}$ ) are defined by

$$
2 h_{i}(X, Y)=\left(\nabla_{X} Y+\nabla_{Y} X\right)^{\perp}, \quad 2 T_{i}(X, Y)=\left(\nabla_{X} Y-\nabla_{Y} X\right)^{\perp}=[X, Y]^{\perp}
$$

Then $H_{i}=\operatorname{trace}_{g} h_{i}$ is called the mean curvature vector field of the distribution $\mathcal{D}_{i}$. A distribution $\mathcal{D}_{i}$ is integrable (or involutive) if $T_{i}=0$, and $\mathcal{D}_{i}$ is totally umbilical, minimal, or totally geodesic, if $h_{i}=\left(H_{i} / n_{i}\right) g, H_{i}=$ 0 , or $h_{i}=0$, respectively.

Let $x \in M$ and $\left\{e_{i}\right\}$ be an adapted orthonormal frame on the subspace $\mathcal{D}_{1}(x) \oplus \mathcal{D}_{2}(x)$, i.e., $\left\{e_{1}, \ldots, e_{n_{1}}\right\} \subset$ $\mathcal{D}_{1}(x),\left\{e_{n_{1}+1}, \ldots, e_{d}\right\} \subset \mathcal{D}_{2}(x)$. The mutual curvature of a pair $\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right)$ is a function on $M$ defined by

$$
\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}(x), \mathcal{D}_{2}(x)\right)=\sum_{a \leq n_{1}, n_{1}<b \leq d} K\left(e_{a}, e_{b}\right)
$$

and it does not depend on the choice of frames, e.g., [15]. The mixed scalar curvature of the triple $\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)$ is defined similarly as $S_{\text {mix }}\left(\mathcal{D}, \mathcal{D}^{\perp}\right)$ for a pair $\left(\mathcal{D}, \mathcal{D}^{\perp}\right)$, and it can be presented as follows, e.g., [11]:

$$
\begin{equation*}
\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)=\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right)+\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{3}\right)+\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{2}, \mathcal{D}_{3}\right) . \tag{3}
\end{equation*}
$$

Lemma 2.3. The following formulas are true:

$$
\begin{align*}
& 2 S_{\mathrm{mix}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)=\operatorname{div}\left(H_{1}+H_{1}^{\perp}+H_{2}+H_{2}^{\perp}+H_{3}+H_{3}^{\perp}\right)-Q_{1}-Q_{2}-Q_{3}  \tag{4}\\
& S_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right)=\operatorname{div}\left(H_{1}+H_{1}^{\perp}+H_{2}+H_{2}^{\perp}-H_{3}-H_{3}^{\perp}\right)-Q_{1}-Q_{2}+Q_{3} \tag{5}
\end{align*}
$$

where $Q_{i}=\left\|h_{i}\right\|^{2}+\left\|h_{i}^{\perp}\right\|^{2}-\left\|H_{i}\right\|^{2}-\left\|H_{i}^{\perp}\right\|^{2}-\left\|T_{i}\right\|^{2}-\left\|T_{i}^{\perp}\right\|^{2}$ for $i=1,2,3$.
Proof. We can write (3) in the form

$$
2 \mathrm{~S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)=\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{1}^{\perp}\right)+\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{2}, \mathcal{D}_{2}^{\perp}\right)+\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{3}, \mathcal{D}_{3}^{\perp}\right)
$$

or in the form (expressing mutual curvature in terms of mixed scalar curvature)

$$
\begin{aligned}
\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right) & =\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)-2 \mathrm{~S}_{\text {mix }}\left(\mathcal{D}_{1} \oplus \mathcal{D}_{2}, \mathcal{D}_{3}\right) \\
& =\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{1}^{\perp}\right)+\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{2}, \mathcal{D}_{2}^{\perp}\right)-\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{3}, \mathcal{D}_{3}^{\perp}\right) .
\end{aligned}
$$

Thus, using (1), we get (4) and (5).

Example 2.4. Let $\left(M^{3}, g\right)$ admit three pairwise orthogonal codimension-one foliations $\mathcal{F}_{i}$, and let $N_{i}$ be unit vector fields orthogonal to $\mathcal{F}_{i}$. Writing down (2) for each $N_{i}$, summing for $i=1,2,3$, and using the equality $\tau=\sum_{i=1}^{3} \operatorname{Ric}_{N_{i}, N_{i}}$, where $\tau$ is the scalar curvature of $(M, g)$, yields the formula

$$
\operatorname{div} \sum_{i=1}^{3}\left(\nabla_{N_{i}} N_{i}+\sigma_{1}\left(A_{N_{i}}\right) N_{i}\right)=2 \sum_{i=1}^{3} \sigma_{2}\left(\mathcal{F}_{i}\right)-\tau
$$

Two consequences, using $2 \sigma_{2}\left(A_{N_{i}}\right)=\operatorname{trace}\left(A_{N_{i}}\right)^{2}-\left(\operatorname{trace} A_{N_{i}}\right)^{2}$ :

- if $\tau<0$ then each foliation $\mathcal{F}_{i}$ cannot be totally umbilical;
- if $\tau>0$ then each foliation $\mathcal{F}_{i}$ cannot be harmonic.

Remark 2.5. Applying the Divergence Theorem to (1), (2), (4) and (5) on a compact Riemannian manifold gives well-known integral formulas. These formulas can be extended for distributions defined on the complement $M \backslash \Sigma$ of a union $\Sigma$ of finitely many closed codimension $k \geq 2$ submanifolds of a manifold $M$. Namely, if $(M, g)$ is a closed oriented Riemannian manifold, $X$ is a vector field on an open set $M \backslash \Sigma,(k-1)(p-1) \geq 1$ and $\|X\| \in L^{p}(M, g)$, then $\int_{M}(\operatorname{div} X) d \operatorname{vol}_{g}=0$, see [17] and [12, p. 75].

## 3. Invariants based on scalar and mutual curvature

Here, we introduce and study scalar invariants based on scalar and mutual curvature.
Given integer $k \geq 2$, let $V_{1}, \ldots, V_{k}$ be mutually orthogonal subspaces of $\mathcal{D}_{x}$ at a point $x \in M$ with $\operatorname{dim} V_{i}=n_{i} \geq 1$. Let $\left\{e_{i}\right\}$ be an adapted orthonormal basis of the subspace $V=\bigoplus_{i=1}^{k} V_{i}$, i.e., $\left\{e_{1}, \ldots, e_{n_{1}}\right\} \subset$ $V_{1}, \ldots,\left\{e_{n_{k-1}+1}, \ldots, e_{n_{k}}\right\} \subset V_{k}$. Define the mutual curvature of the set $\left\{V_{1}, \ldots, V_{k}\right\}$ by

$$
\mathrm{S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=\sum_{i<j} \sum_{n_{i-1}<a \leq n_{i}, n_{j-1}<b \leq n_{j}} K\left(e_{a} \wedge e_{b}\right)
$$

Note that $S_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)$ does not depend on the choice of frames. We immediately have

$$
\mathrm{S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=\sum_{i<j} \mathrm{~S}_{\mathrm{m}}\left(V_{i}, V_{j}\right)
$$

where $\mathrm{S}_{\mathrm{m}}\left(V_{i}, V_{j}\right)=\sum_{n_{i-1}<a \leq n_{i}, n_{j-1}<b \leq n_{j}} K\left(e_{a} \wedge e_{b}\right)$.
For the scalar curvature $\tau(V)=\operatorname{trace}_{g} \operatorname{Ric}_{V}$ (the trace of the Ricci tensor on a subspace $V=\bigoplus_{i=1}^{k} V_{i}$ ) and the scalar curvatures $\tau\left(V_{i}\right)=\left.\operatorname{trace}_{g} \operatorname{Ric}\right|_{V_{i}}$ of subspaces $V_{i}$ we get

$$
\begin{equation*}
\tau(V)=2 \mathrm{~S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)+\sum_{i=1}^{k} \tau\left(V_{i}\right) \tag{6}
\end{equation*}
$$

For example, if all subspaces $V_{i}$ are one-dimensional, then $2 \mathrm{~S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=\tau(V)$.
For an integer $k \geq 2$, denote by $S(d, k)$ the set of unordered $k$-tuples ( $n_{1}, \ldots, n_{k}$ ) of natural numbers satisfying $n_{1}+\ldots+n_{k} \leq d$. Denote by $S(d)$ the set of all unordered $k$-tuples with $k \geq 2$ and $n_{1}+\ldots+n_{k} \leq d$.

Definition 3.1 ([14]). For a $k$-tuple $\left(n_{1}, \ldots, n_{k}\right) \in S(d, k)$ the scalar invariants $\delta_{\mathrm{m}, \mathcal{D}}^{ \pm}\left(n_{1}, \ldots, n_{k}\right)$ are defined by

$$
\delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right)(x)=\operatorname{maxS}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right), \quad \delta_{\mathrm{m}, \mathfrak{D}}^{-}\left(n_{1}, \ldots, n_{k}\right)(x)=\min _{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right),
$$

where $V_{1}, \ldots, V_{k}$ run over all $k$ mutually orthogonal subspaces of $\mathcal{D}_{x}$ with $\operatorname{dim} V_{i}=n_{i}(i=1, \ldots, k)$. For $\mathcal{D}=T M$ we get invariants $\delta_{\mathrm{m}}^{ \pm}\left(n_{1}, \ldots, n_{k}\right)=\delta_{\mathrm{m}, T M}^{ \pm}\left(n_{1}, \ldots, n_{k}\right)$, see also [13].

If the sectional curvature of $(M, g)$ along $\mathcal{D}$ satisfies $c \leq K_{\mid \mathcal{D}} \leq C$ and $\sum_{i=1}^{k} n_{i}=s \leq d$, then

$$
\frac{c}{2}\left(s^{2}-\sum_{i} n_{i}^{2}\right)=c \sum_{i<j} n_{i} n_{j} \leq \delta_{\mathrm{m}, \mathcal{D}}^{-}\left(n_{1}, \ldots n_{k}\right) \leq \delta_{\mathrm{m}, \mathfrak{D}}^{+}\left(n_{1}, \ldots n_{k}\right) \leq C \sum_{i<j} n_{i} n_{j}=\frac{C}{2}\left(s^{2}-\sum_{i} n_{i}^{2}\right) .
$$

Example 3.2. Recall that for a subspace $V$ spanned by $q+1$ orthonormal vectors $\left\{e_{0}, e_{1}, \ldots, e_{q}\right\}$ of $(M, g)$, the $q$-th Ricci curvature is $\operatorname{Ric}_{q}(V)=\sum_{i=1}^{q} K\left(E_{0}, E_{i}\right)$, e.g., [10]. For $k=2$ and $n_{1}=1$, using the intermediate Ricci curvature, we get $\delta_{\mathrm{m}}^{+}\left(1, n_{2}\right)(x)=\max \operatorname{Ric}_{n_{2}}(V)$ and $\delta_{\mathrm{m}}^{-}\left(1, n_{2}\right)(x)=\min \operatorname{Ric}_{n_{2}}(V)$, where $V=\operatorname{span}\left(V_{1}, V_{2}\right)$ and $V_{1}, V_{2}$ run over all mutually orthogonal subspaces of $\mathcal{D}_{x}$ such that $\operatorname{dim} V_{1}=1$ and $\operatorname{dim} V_{2}=n_{2}$.

For a $k$-tuple $(k \geq 0)$ and $x \in M$, B.-Y Chen [4, Sect. 13.2] defined the following curvature invariants:

$$
\begin{align*}
& 2 \delta\left(n_{1}, \ldots, n_{k}\right)(x)=\tau(x)-\min \left\{\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right\} \\
& 2 \hat{\delta}\left(n_{1}, \ldots, n_{k}\right)(x)=\tau(x)-\max \left\{\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right\} \tag{7}
\end{align*}
$$

where $V_{1}, \ldots, V_{k}$ run over all $k$ mutually orthogonal subspaces of $T_{x} M$ with $\operatorname{dim} V_{i}=n_{i}(i=1, \ldots, k)$. The coefficient 2 in (7) is due to the definition of the scalar curvature in [4] as half of the "trace Ricci".

Definition 3.3 ([14]). For each $k$-tuple $(k \geq 0)$ and $x \in M$, we define Chen-type $\delta_{\mathcal{D}}$-invariants of $(M, g ; \mathcal{D})$ by

$$
\begin{align*}
2 \delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)(x) & =\tau\left(\mathcal{D}_{x}\right)-\min \left\{\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right\} \\
2 \hat{\delta}_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)(x) & =\tau\left(\mathcal{D}_{x}\right)-\max \left\{\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right\} \tag{8}
\end{align*}
$$

where $V_{1}, \ldots, V_{k}$ run over all $k$ mutually orthogonal subspaces of $\mathcal{D}_{x}$ with $\operatorname{dim} V_{i}=n_{i}(i=1, \ldots, k)$.
The theory of $\delta_{\mathcal{D}}$-invariants (8) of a sub-Riemannian manifold can be developed similarly to the theory of Chen's $\delta$-invariants of a Riemannian manifold.

The $\delta_{\mathrm{m}, \mathcal{D}}^{ \pm}$-invariants are related with the curvature invariants in (8) by the following inequalities.
Proposition 3.4. Let $k \geq 2$. If $n_{1}+\ldots+n_{k}<d$, then the following inequalities are valid:

$$
\begin{align*}
\delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right) & \geq \delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)-\delta_{\mathcal{D}}\left(n_{1}+\ldots+n_{k}\right) \\
\delta_{\mathrm{m}, \mathcal{D}}^{-}\left(n_{1}, \ldots, n_{k}\right) & \leq \hat{\delta}_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)-\hat{\delta}_{\mathcal{D}}\left(n_{1}+\ldots+n_{k}\right) \tag{9}
\end{align*}
$$

and if $n_{1}+\ldots+n_{k}=d$, then $\hat{\delta}_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)=\delta_{\mathrm{m}, \mathfrak{D}}^{-}\left(n_{1}, \ldots, n_{k}\right) \leq \delta_{\mathrm{m}, \mathfrak{D}}^{+}\left(n_{1}, \ldots, n_{k}\right)=\delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)$.
In particular, if $n_{1}+\ldots+n_{k}=d-1$, then

$$
\hat{\delta}_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)-\min \operatorname{Ric}_{d-1}(\mathcal{D}) \geq \delta_{\mathrm{m}, \mathcal{D}}^{-}\left(n_{1}, \ldots, n_{k}\right) \geq \delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right) \geq \delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)-\max _{\operatorname{Ric}}^{d-1}(\mathcal{D})
$$

Proof. Using (6) and the equality $-\min a=\max (-a)$, we get

$$
\begin{aligned}
& 2 \delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)(x)=\tau(V)-\min \left\{\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right\} \\
& =\tau\left(\mathcal{D}_{x}\right)+\max \left(\tau_{k}(x)-\left(\tau\left(V_{1}\right)+\ldots+\tau\left(V_{k}\right)\right)-\tau_{k}(V)\right) \\
& \leq \tau\left(\mathcal{D}_{x}\right)-\min \tau_{k}(x)+2 \max _{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right) \\
& =2 \delta_{\mathcal{D}}\left(n_{1}+\ldots+n_{k}\right)(x)+2 \delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right)(x),
\end{aligned}
$$

hence, $(9)_{1}$ is valid. The proof of $(9)_{2}$ is similar. The case of $n_{1}+\ldots+n_{k}=d$ follows from (9). The case of $n_{1}+\ldots+n_{k}=d-1$ follows from $\delta_{\mathcal{D}}(d-1)(x)=\max \operatorname{Ric}_{d-1}\left(\mathcal{D}_{x}\right)$ and $\hat{\delta}_{\mathcal{D}}(d-1)(x)=\min _{\operatorname{Ric}}^{d-1}\left(\mathcal{D}_{x}\right)$.

Corollary 3.5. If $(M, g ; \mathcal{D})$ has nonnegative sectional curvature along $\mathcal{D}$ and $k \geq 2$, then

$$
\hat{\delta}\left(n_{1}, \ldots, n_{k}\right) \leq \delta_{\mathrm{m}, \mathfrak{D}}^{-}\left(n_{1}, \ldots, n_{k}\right) \leq \delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right) \leq \delta\left(n_{1}, \ldots, n_{k}\right),
$$

and if $(M, g ; \mathcal{D})$ has nonpositive sectional curvature along $\mathcal{D}$, then the inequalities are opposite.

## 4. Geometric inequalities for a submanifold equipped with distributions

First, we consider adapted isometric immersions $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g} ; \overline{\mathcal{D}})$ of sub-Riemannian manifolds, i.e., $f_{*}(\mathcal{D}) \subset \overline{\mathcal{D}}_{\mid f(M)}$. If $\mathcal{D}$ and $\overline{\mathcal{D}}$ are the sums of $s \geq 2$ mutually orthogonal distributions, i.e., $\mathcal{D}=\bigoplus_{i=1}^{s} \mathcal{D}_{i}$ and $\overline{\mathcal{D}}=\bigoplus_{i=1}^{s} \overline{\mathcal{D}}_{i}$, then we also require the following: $f_{*}\left(\mathcal{D}_{i}\right) \subset \overline{\mathcal{D}}_{i \mid f(M)}$ for all $i$. Below we assume $s=2$.

Remark 4.1. A sub-Riemannian structure on a smooth manifold $M$ can be obtained from a special immersion of $M$ in $(\bar{M}, \bar{g} ; \overline{\mathcal{D}})$. Namely, let $f_{*}(T M)$ intersects transversally with the distribution $\overline{\mathcal{D}}$ restricted to $f(M)$, then $f: M \rightarrow \bar{M}$ induces a required distribution $\mathcal{D}=f_{*}^{-1}(\overline{\mathcal{D}} \cap f(T M))$ on $M$ with induced metric $g$.

We will identify $M$ with its image $f(M)$ (since the induced metric on $f(M)$ is equal to $g$ ) and put a top "bar" for objects related to $\bar{M}$. Let $T M^{\perp}$ be the normal bundle of the submanifold $M \subset \bar{M}$ and $\bar{h}: T M \times T M \rightarrow T M^{\perp}$ be the second fundamental form of $M$. Recall the Gauss equation for an isometric immersion $f$, e.g., [4]:

$$
\begin{equation*}
\bar{g}\left(\bar{R}_{Y, Z} U, X\right)=g\left(R_{Y, Z} U, X\right)+\bar{g}(\bar{h}(Y, U), \bar{h}(Z, X))-\bar{g}(\bar{h}(Z, U), \bar{h}(Y, X)), \quad U, X, Y, Z \in T M, \tag{10}
\end{equation*}
$$

where $\bar{R}$ and $R$ are the curvature tensors of $(\bar{M}, \bar{g})$ and $(M, g)$, respectively. The mean curvature vector of a subspace $V \subset \mathcal{D}_{x}$ is given by $\bar{H}_{V}=\operatorname{trace} \bar{h}_{\mid V}=\sum_{i} \bar{h}\left(e_{i}, e_{i}\right)$, where $e_{i}$ is an orthonormal basis of $V$. Thus, $\bar{H}_{\mathcal{D}}=\operatorname{trace}_{g} \bar{h}_{\mid \mathcal{D}}$ is the mean curvature vector of $\mathcal{D}$, and $\bar{H}=\operatorname{trace}_{g} \bar{h}$ is the mean curvature vector of $M$. An isometric immersion $f$ with the property $\bar{H}_{\mathcal{D}}=0$ is called $\mathcal{D}$-minimal (minimal if $\bar{H}=0$ ). Set

$$
\mathcal{H}_{x}(s)=\max \left\{\left\|\bar{H}_{V}\right\|: V \subset \mathcal{D}_{x}, \operatorname{dim} V=s>0\right\}
$$

If $s=d$, then $\bar{H}_{V}=\bar{H}_{\mathcal{D}_{x}}$. For $s<d$ the condition $\mathcal{H}(s)=0$ implies that $\bar{h}_{\mid \mathcal{D}}=0$.
An isometric immersion $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g})$ is called mixed totally geodesic on $V=\bigoplus_{i=1}^{k} V_{i} \subset \mathcal{D}$ if $\bar{h}(X, Y)=0$ for all $X \in V_{i}, Y \in V_{j}$ and $i \neq j$.

Theorem 4.2. Let $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g}, \overline{\mathcal{D}})$ be an adapted isometric immersion, and $\sum_{i} n_{i}=s \leq d$. Then

$$
\delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right) \leq \bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, \ldots, n_{k}\right)+\frac{k-1}{2 k} \begin{cases}\mathcal{H}_{\mathcal{D}}(s)^{2}, & \text { if } s<d,  \tag{11}\\ \left\|\bar{H}_{\mathcal{D}}\right\|^{2}, & \text { if } s=d .\end{cases}
$$

The equality in (11) holds at a point $x \in M$ if and only if there exist mutually orthogonal subspaces $V_{1}, \ldots, V_{k}$ of $\mathcal{D}_{x}$ with $\sum_{i} n_{i}=s$ such that $f$ is mixed totally geodesic on $V=\bigoplus_{i=1}^{k} V_{i}, \bar{H}_{1}=\ldots=\bar{H}_{k},\left\|\bar{H}_{V}\right\|=\mathcal{H}_{\mathcal{D}_{x}}(s)$ and $\overline{\mathrm{S}}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=\bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, \ldots, n_{k}\right)(x)$.

Proof. Taking trace of the Gauss equation (10) for the immersion $f$ along $V$ and $V_{i}$ yields the equalities

$$
\begin{equation*}
\bar{\tau}(V)-\tau(V)=\left\|\bar{h}_{V}\right\|^{2}-\left\|\bar{H}_{V}\right\|^{2}, \quad \bar{\tau}\left(V_{i}\right)-\tau\left(V_{i}\right)=\left\|\bar{h}_{i}\right\|^{2}-\left\|\bar{H}_{i}\right\|^{2} \tag{12}
\end{equation*}
$$

where $\bar{\tau}(V), \bar{\tau}\left(V_{i}\right)$ and $\tau(V), \tau\left(V_{i}\right)$ are the scalar curvatures of subspaces $V=\bigoplus_{i=1}^{k} V_{i}$ and $V_{i}$ for the curvature tensors $\bar{R}$ and $R$, respectively, $\bar{h}_{i}$ and $\bar{H}_{i}$ are the second fundamental form and mean curvature vector of $V_{i}$.

Assume that $\bar{H}_{V} \neq 0$ is satisfied on an open set $U \subset M$ and complement over $U$ an adapted local orthonormal frame $\left\{e_{1}, \ldots, e_{n}\right\}$ of $(M, g)$ with vector $e_{n+1}$ parallel to $\bar{H}_{V}$. Using $\bar{H}_{V}=\sum_{i=1}^{k} \bar{H}_{i}$ and the algebraic inequality $a_{1}^{2}+\ldots+a_{k}^{2} \geq \frac{1}{k}\left(a_{1}+\ldots+a_{k}\right)^{2}$ for real $a_{i}=\bar{g}\left(\bar{H}_{i}, e_{n+1}\right)$, we find

$$
\begin{equation*}
\sum_{i}\left\|\bar{H}_{i}\right\|^{2} \geq \sum_{i} \bar{g}\left(\bar{H}_{i}, e_{n+1}\right)^{2} \geq \frac{1}{k}\left\|\bar{H}_{V}\right\|^{2} \tag{13}
\end{equation*}
$$

and the equality holds if and only if $\bar{H}_{1}=\ldots=\bar{H}_{k}$. The above inequality is trivially satisfied for $\bar{H}_{V}=0$, hence it is valid on $M$. Set $\left\|\bar{h}_{i j}^{\text {mix }}\right\|^{2}=\sum_{e_{a} \in V_{i}, e_{b} \in V_{j}}\left\|\bar{h}\left(e_{a}, e_{b}\right)\right\|^{2}$ for $i \neq j$ and note that

$$
\begin{equation*}
\left\|\bar{h}_{V}\right\|^{2}=\sum_{i}\left\|\bar{h}_{i}\right\|^{2}+\sum_{i<j}\left\|\bar{h}_{i j}^{\mathrm{mix}}\right\|^{2} \geq \sum_{i}\left\|\bar{h}_{i}\right\|^{2} \tag{14}
\end{equation*}
$$

and the equality holds if and only if $\left\|\bar{h}_{i j}^{\text {mix }}\right\|^{2}=0(\forall i<j)$, i.e., $f$ is mixed totally geodesic along $V$.
By (12), (13), (14) and the equalities

$$
\bar{\tau}(V)=2 \bar{S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)+\sum_{i} \bar{\tau}\left(V_{i}\right), \quad \tau(V)=2 \mathrm{~S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)+\sum_{i} \tau\left(V_{i}\right)
$$

see (6), we obtain

$$
\begin{aligned}
& 2 \mathrm{~S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=2 \overline{\mathrm{~S}}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)+\sum_{i}\left(\bar{\tau}\left(V_{i}\right)-\tau\left(V_{i}\right)\right)+\left\|\bar{H}_{V}\right\|^{2}-\left\|\bar{h}_{V}\right\|^{2} \\
& \leq 2 \bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, \ldots, n_{k}\right)-\left(\left\|\bar{h}_{V}\right\|^{2}-\sum_{i}\left\|\bar{h}_{i}\right\|^{2}\right)+\left(\left\|\bar{H}_{V}\right\|^{2}-\sum_{i}\left\|\bar{H}_{i}\right\|^{2}\right) \\
& \leq 2 \bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, \ldots, n_{k}\right)+\frac{k-1}{k} \mathcal{H}(s)^{2},
\end{aligned}
$$

(and the equality holds in the second line if and only if $\bar{S}_{\mathrm{m}}\left(V_{1}, \ldots, V_{k}\right)=\bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, \ldots, n_{k}\right)$ and $\left\|\bar{H}_{V}\right\|=\mathcal{H}_{x}(s)$ at each point $x \in M$ ) that proves (11) for $s<d$. The case $\sum_{i} n_{i}=d$ of (11) was proved in [13].

Corollary 4.3. For an adapted isometric immersion $f:(M, g ; \mathcal{D}) \mapsto(\bar{M}, \bar{g} ; \overline{\mathcal{D}})$ with sectional curvature along $\overline{\mathcal{D}}$ bounded above by c and $\sum_{i} n_{i}=s \leq d$, from (11) we get the following inequality:

$$
\delta_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right) \leq \frac{c}{2}\left(d^{2}-\sum_{i} n_{i}^{2}\right)+\frac{k-1}{2 k} \begin{cases}\mathcal{H}_{\mathcal{D}}(s)^{2}, & \text { if } s<d \\ \left\|\bar{H}_{\mathcal{D}}\right\|^{2}, & \text { if } s=d\end{cases}
$$

Corollary 4.4 (see [14, Corollary 4]). A sub-Riemannnian manifold ( $M, g ; \mathcal{D}$ ) with $\delta_{m, \mathcal{D}}^{+}\left(n_{1}, \ldots, n_{k}\right)>0$ for some $\left(n_{1}, \ldots, n_{k}\right) \in S(d, k)$ with $\sum_{i} n_{i}=d$ does not admit $\mathcal{D}$-minimal isometric immersions in a Euclidean space.

Proof. This follows directly from (11).
Corollary 4.5. Let $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g})$ be an isometric immersion. If $M$ is compact and $\mathcal{D}$ is defined on an open set $M \backslash \Sigma,(k-1)(p-1) \geq 1$ and $\left\|H+H^{\perp}\right\| \in L^{p}(M, g)$ (see Remark 2.5), then

$$
\int_{M}\left(\|H\|^{2}+\left\|H^{\perp}\right\|^{2}+\|T\|^{2}+\left\|T^{\perp}\right\|^{2}-\|h\|^{2}-\left\|h^{\perp}\right\|^{2}\right) d \operatorname{vol}_{g} \leq \frac{1}{4} \int_{M}\|\bar{H}\|^{2} d \operatorname{vol}_{g}+\bar{\delta}_{\mathrm{m}}^{+}\left(d, d^{\perp}\right) \operatorname{Vol}(M, g)
$$

Proof. Applying (1) to (11) and the Divergence-type theorem in Remark 2.5, proves the assertion.
Remark 4.6. In conditions of Corollary 4.5, if distributions $\mathcal{D}$ and $\mathcal{D}^{\perp}$ are totally umbilical, i.e., $\|H\|^{2}-\|h\|^{2}=$ $\frac{d-1}{d}\|H\|^{2}$ and $\left\|H^{\perp}\right\|^{2}-\left\|h^{\perp}\right\|^{2}=\frac{d^{\perp}-1}{d^{\perp}}\left\|H^{\perp}\right\|^{2}$, then such a compact $(M, g)$ does not admit minimal isometric immersions $(\bar{H}=0)$ in a Riemannian manifold $(\bar{M}, \bar{g})$ with $\bar{\delta}_{\mathrm{m}}^{+}\left(d, d^{\perp}\right)<0$.

Corollary 4.7. Let $f:\left(M, g ; \mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right) \rightarrow(\bar{M}, \bar{g})$ be an isometric immersion and $n_{1}+n_{2}+n_{3}=n$. If $M$ is compact and all $\mathcal{D}_{i}$ are defined on an open set $M \backslash \Sigma,(k-1)(p-1) \geq 1$ and $\left\|H_{1}+H_{1}^{\perp}+H_{2}+H_{2}^{\perp}+H_{3}+H_{3}^{\perp}\right\| \in L^{p}(M, g)$ then (for $Q_{i}$ given in Lemma 2.3)

$$
-\frac{1}{2} \int_{M}\left(Q_{1}+Q_{2}+Q_{3}\right) d \operatorname{vol}_{g} \leq \frac{1}{3} \int_{M}\|\bar{H}\|^{2} d \operatorname{vol}_{g}+\bar{\delta}_{\mathrm{m}}^{+}\left(n_{1}, n_{2}, n_{3}\right) \operatorname{Vol}(M, g)
$$

Proof. This follows from (4), (15) and the Divergence-type theorem in Remark 2.5.
Remark 4.8. In conditions of Corollary 4.7, if $h_{i}=h_{i}^{\perp}=0(i=1,2,3)$, then such a compact manifold $(M, g)$ does not admit minimal isometric immersions in a Riemannian manifold $(\bar{M}, \bar{g})$ with $\bar{\delta}_{\mathrm{m}}^{+}\left(n_{1}, n_{2}, n_{3}\right)<0$.

Example 4.9. Let $\mathcal{D}_{i}(i=1,2,3)$ be 1-dimensional distributions orthogonal to three pairwise orthogonal codimension-one foliations $\mathcal{F}_{i}$ on $\left(M^{3}, g\right)$, see Example 2.4. If $f:\left(M^{3}, g ; \mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right) \rightarrow(\bar{M}, \bar{g})$ is an isometric immersion, then $\tau \leq \frac{1}{3}\|\bar{H}\|^{2}+\bar{\delta}_{\mathrm{m}}^{+}(1,1,1)$. Note that $\bar{\delta}_{\mathrm{m}}^{+}(1,1,1)(x)=\max \left\{\bar{\tau}(V): V \subset T_{x} \bar{M}, \operatorname{dim} V=3\right\}$. Moreover, if foliations $\mathcal{F}_{i}(i=1,2,3)$ are minimal and not totally geodesic, then $\left(M^{3}, g\right)$ does not admit minimal isometric immersions in a Euclidean space.

Next, we consider the case when a distribution $\mathcal{D}$ is represented as the sum of two orthogonal distributions of ranks $n_{i}>0: \mathcal{D}=\mathcal{D}_{1} \oplus \mathcal{D}_{2}$, thus, $n_{1}+n_{2}=d$.

An isometric immersion $f:\left(M, g ; \mathcal{D}_{1}, \mathcal{D}_{2}\right) \rightarrow(\bar{M}, \bar{g})$ is called mixed totally geodesic on $\mathcal{D}$ if

$$
\bar{h}(X, Y)=0 \quad \text { for all } X \in \mathcal{D}_{1}, Y \in \mathcal{D}_{2}
$$

Theorem 4.10. Let $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g} ; \overline{\mathcal{D}})$ be an adapted isometric immersion and $\mathcal{D}=\mathcal{D}_{1} \oplus \mathcal{D}_{2}$. Then

$$
\begin{equation*}
\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right) \leq \frac{1}{4}\left\|\bar{H}_{\mathcal{D}}\right\|^{2}+\bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, n_{2}\right) \tag{15}
\end{equation*}
$$

The equality in (15) holds at a point $x \in M$ if and only if $f$ is mixed totally geodesic on $\mathcal{D}_{x}, \bar{H}_{1}(x)=\bar{H}_{2}(x)$ (the mean curvature vectors of $\mathcal{D}_{1}$ and $\left.\mathcal{D}_{2}\right)$ and $\overline{\mathrm{S}}_{\mathrm{m}}\left(\mathcal{D}_{1}(x), \mathcal{D}_{2}(x)\right)=\bar{\delta}_{\mathrm{m}, \overline{\mathcal{D}}}^{+}\left(n_{1}, n_{2}\right)(x)$.
Proof. The proof of (15) is similar to the proof of Theorem 4.2. We take $V_{i}=\mathcal{D}_{i}(x)$. The proof of the second assertion follows directly from the cases of equality, as in the proof of Theorem 4.2.
Remark 4.11. Let $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g} ; \overline{\mathcal{D}})$ be an adapted isometric immersion and $\mathcal{D}=\mathcal{D}_{1} \oplus \mathcal{D}_{2}$. The following counterpart of (15) is a special case of [14, Eq. (19)]:

$$
\begin{equation*}
\mathrm{S}_{\operatorname{mix}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}^{\perp}\right) \leq \frac{1}{3}\|\bar{H}\|^{2}+\bar{\delta}_{\mathrm{m}}^{+}\left(n_{1}, n_{2}, d^{\perp}\right) \tag{16}
\end{equation*}
$$

Corollary 4.12 (for (i) see [14, Corollary 6]). Let $(M, g ; \mathcal{D})$ be a sub-Riemannnian manifold with $\mathcal{D}=\mathcal{D}_{1} \oplus \mathcal{D}_{2}$.
(i) if $\mathrm{S}_{\mathrm{m}}\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right)>0$, then $(M, g ; \mathcal{D})$ does not admit $\mathcal{D}$-minimal isometric immersions in a Euclidean space.
(ii) if $\mathrm{S}_{\text {mix }}\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \mathcal{D}^{\perp}\right)>0$, then $(M, g ; \mathcal{D})$ does not admit minimal isometric immersions in a Euclidean space.

Proof. This follows directly from (15) for (i) and from (16) for (ii).
Corollary 4.13. In conditions of Theorem 4.10 , let $\mathcal{D}_{1}$ be spanned by a unit vector field $N$. Then

$$
\begin{equation*}
\operatorname{Ric}_{N, N} \leq \frac{1}{4}\left\|\bar{H}_{\mathcal{D}}\right\|^{2}+\bar{r}_{d-1 \mid \overline{\mathcal{D}}} \tag{17}
\end{equation*}
$$

where $d=\operatorname{dim} \mathcal{D}$ and $\bar{r}_{d-1 \mid \overline{\mathcal{D}}}$ is the supremum of the $(d-1)$-th Ricci curvature of $(\bar{M}, \bar{g})$ along $\overline{\mathcal{D}}$. The equality in (17) holds if and only if $f$ is mixed totally geodesic along $\mathcal{D}, \bar{H}_{1}(x)=\bar{H}_{2}(x)$ and $\operatorname{Ric}_{N, N}=\bar{r}_{d-1}$ at each point $x \in M$.

Applying (5) to (15) on a compact manifold $M$, gives the following
Corollary 4.14. In conditions of Theorem 4.10, let $\mathcal{D}_{3}=\mathcal{D}^{\perp}$. If $M$ is compact and all $\mathcal{D}_{i}$ are defined on an open set $M \backslash \Sigma,(k-1)(p-1) \geq 1$ and $\left\|H_{1}+H_{1}^{\perp}+H_{2}+H_{2}^{\perp}-H_{3}-H_{3}^{\perp}\right\| \in L^{p}(M, g)$, then (for $Q_{i}$ given in Lemma 2.3),

$$
\int_{M}\left(Q_{3}-Q_{1}-Q_{2}\right) d \operatorname{vol}_{g} \leq \frac{1}{4} \int_{M}\left\|\bar{H}_{\mathcal{D}}\right\|^{2} d \operatorname{vol}_{g}+\bar{\delta}_{\mathrm{m}, \mathcal{D}}^{+}\left(n_{1}, n_{2}\right) \operatorname{Vol}(M, g)
$$

Proof. This follows from (5), (15) and the Divergence-type theorem in Remark 2.5.
Finally, we apply $\delta_{\mathcal{D}}$-invariants (8) to isometric immersions of sub-Riemannian manifolds.
Theorem 4.15. Let $f:(M, g ; \mathcal{D}) \rightarrow(\bar{M}, \bar{g}, \overline{\mathcal{D}})$ be an adapted isometric immersion. Thenfor eny $k$-tuple $\left(n_{1}, \ldots, n_{k}\right) \in$ $S(d)$ we get the inequality

$$
\begin{equation*}
\delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right) \leq \frac{d+k-1-\sum_{i} n_{i}}{2\left(d+k-\sum_{i} n_{i}\right)}\left\|\bar{H}_{\mathcal{D}}\right\|^{2}+\frac{1}{2}\left(d(d-1)-\sum_{i} n_{i}\left(n_{i}-1\right)\right) \max \bar{K}_{\mid \overline{\mathcal{D}}} . \tag{18}
\end{equation*}
$$

Proof. This is similar to the proof of [4, Theorem 13.3].
The case of equality in (18) is similar to [4, Theorem 13.3: (a), (b)]. Extremal immersions in Euclidean space in terms of $\delta_{\mathcal{D}}$-invariants are the sub-Riemannian analogue of Chen's "ideal immersions".
Corollary 4.16. A sub-Riemannnian manifold $(M, g ; \mathcal{D})$ with $\delta_{\mathcal{D}}\left(n_{1}, \ldots, n_{k}\right)>0$ for some $\left(n_{1}, \ldots, n_{k}\right) \in S(d, k)$ does not admit $\mathcal{D}$-minimal isometric immersions in a Euclidean space.

Proof. This follows directly from (18).

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